

Health Services: What are the differences?

KANESATAKE

PROVINCE

Aboriginal **H**ealth **T**ransition **F**und **I**ntegration
Project: Assessing, Enhancing, and Integrating Health
Services for Kanesatake

Summary of the report* on the gaps in health
services available to Kanehsatakehro:non in
Kanesatake compared to those available in the
province.

*Detailed report in its entirety can be viewed at the Kanesatake
Health Center Inc, Mohawk Council of Kanesatake, Centre
Jeunesse des Laurentides-Kanesatake, Elders Center, Riverside,
and online at www.kanesatakehealthcenter.ca/ahtf

**Pour obtenir une copie en français, SVP communiquez avec Rola au Centre de
Santé 450-479-6000**

Health services offered to Kaneshatakehro:non



Kanesatake Health Center Inc
Téléphone : 450 479-6000

KANESATAKE



Centre Jeunesse des Laurentides-Kanesatake
Téléphone : 450 479-8309



Elders Center Luncheon
Téléphone : 450 479-6328



Riverside Elders Home
Téléphone : 450 479-1115

PROVINCE



CLSC Jean Olivier Chénier
Téléphone : 450 491-1233



Saint-Eustache Hospital
Téléphone : 450 473-6811



Centre d'hébergement St-Benoît
Téléphone : 450 258-2481



Centre d'hébergement Manoir St-Eustache
Téléphone : 450 472-0013
Day Center : 450 472-0015, poste 221



Background

As some of you may know, Health Canada announced the **A**boriginal **H**ealth **T**ransition **F**und (AHTF) to address the gaps in health status between Indigenous and non-Indigenous people. Kanesatake applied and was accepted for two projects: the Integration Project and the Adaptation Project. The gaps portion of Integration Project intended to analyze the health programs and services available in Kanesatake and those available at the local hospital and CLSC.

What we did

1. First, we asked community members to tell us what they felt were the gaps.
Some of you participated in the focus groups that were organized from September 2009 to November 2009. **Thank you!**
2. Then, two nurse consultants were hired (Barbara and Suzanne).
3. Two Joint Work Teams were formed to discuss the programs and services.
4. We analyzed the information provided by the focus groups and by the Joint work teams. It was interesting to see how similar the findings of these three groups were.
5. We wrote a report on the gaps and made some recommendations to address the gaps.

The Teams:

<p>Team:</p>	<p>Maternal Child Health (MCH)</p> 	<p>Elders Community Health (ECH)</p> 
<p>Purpose:</p>	<p>To look at programs and services for children from 0 to 6 and their families.</p>	<p>To examine programs and services for Elders and persons with a loss of autonomy.</p>
<p>Members:</p>	<p>From Kanساتake:</p> <ul style="list-style-type: none"> • nurse, • family support worker, • director of daycare, • principal of elementary school, • social intervener. <p>From the province:</p> <ul style="list-style-type: none"> • two nurses one from CLSC, and one from ASSS (public health agency). 	<p>From Kanساتake:</p> <ul style="list-style-type: none"> • nurses, • auxiliary nurse, • Elders workers, • portfolio chief, and • social intervener. <p>From the province:</p> <ul style="list-style-type: none"> • two nurses from CLSC, and • social worker from Centre d'hébergement St-Eustache.

What we learned

1. GENERAL DIFFERENCES:

Differences in things that affect health

SOCIAL DETERMINANTS OF HEALTH:	
KANESATAKE	PROVINCE
<ul style="list-style-type: none">• Income and social status;• Social support networks;• Education and literacy;• Employment/working condition;<ul style="list-style-type: none">• Social environments;• Physical environments;• Personal health practices and coping skills;• Healthy child development;<ul style="list-style-type: none">• What you're born with;<ul style="list-style-type: none">• Health services;• Gender;• Culture	
<ul style="list-style-type: none">• Colonization;• Globalization;• Migration;• Cultural continuity;• Access;• Territory;• Poverty;• Self-determination.	

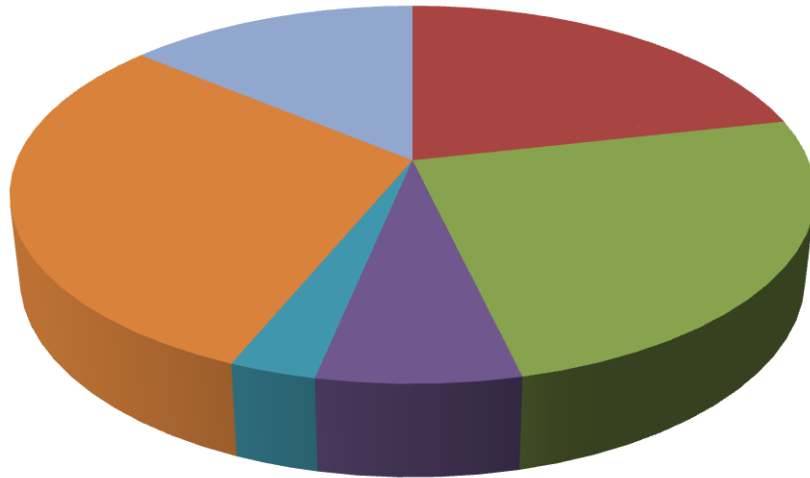
SOCIAL DETERMINANTS OF HEALTH



Different Structures

KANESATAKE	PROVINCE
Separate health, social and residential services	All health, social and residential services combined under one administrative structure
Open Monday to Friday from 8:00 am to 4:00 pm.	Some services available 24/7 - others available until 9:00 pm from Monday to Friday.
Health professionals, working sometimes together, but mostly separately: <ul style="list-style-type: none"> • nurses, • nursing assistants, • limited doctors, • social interveners. 	Health professionals, working sometimes separately, but mostly together as multidisciplinary team: <ul style="list-style-type: none"> • nurses, • nursing assistants, • doctors, • physiotherapists, • speech therapists, • nutritionists, • psychologists, • respiration technicians, • occupational therapists.
Services offered mostly in English and sometimes French	Services offered in French and rarely English
Limited resources	Extremely limited resources that were slashed by 25% in some areas this year
Population of almost 1,400	Population of almost 94,000

Kanesatake



■ Population density

■ Males

■ Females

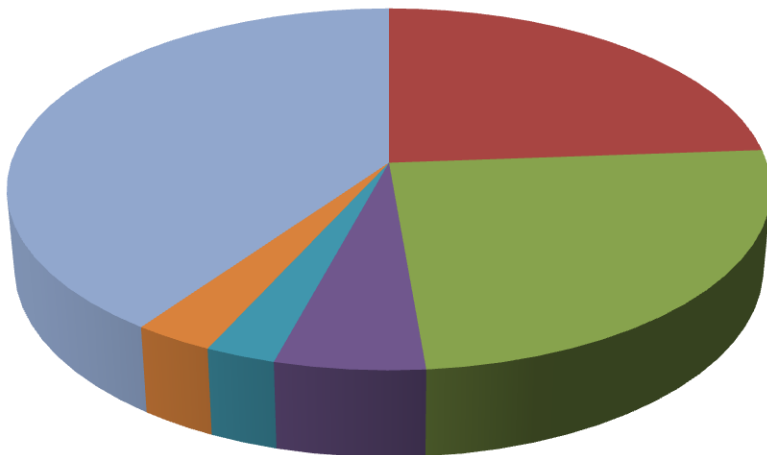
■ Over 65

■ Under 5

■ Anglophone

■ Francophone

Deux-Montagnes Region



■ Population density

■ Males

■ Females

■ Over 65

■ Under 5

■ Anglophone

■ Francophone

2. DIFFERENCES IN SERVICES FOR YOUNG CHILDREN 0 TO 6 AND THEIR FAMILIES:

Maternal Child Health Differences

KANESATAKE	PROVINCE
Total of 17 programs and services	
<ul style="list-style-type: none"> • One nurse, • one family support worker, • one social intervener, • one pediatrician (once a month) 	<ul style="list-style-type: none"> • Team of nurses, • social workers, • psychologists, • specialized educators, • speech therapists, • doctors
No home visiting program	Home visiting program for high risk families
Social services available upon request	Social workers part of the team

3. DIFFERENCES IN SERVICES FOR ELDERS AND PERSONS LOSING THEIR AUTONOMY (LIVING AT HOME):

Home and Community Care

KANESATAKE	PROVINCE
Health Professionals: nurses	Health Professionals: nurses, doctors, physiotherapists, occupational therapists, nutritionists, PABs
Limited hours of operation	Extended hours of operation
No palliative care (or extremely limited)	Palliative care available
Services offered in English and Mohawk by Elders community worker.	Services offered in French with limited English.

Other services for Elders

KANESATAKE	PROVINCE
Loaning of equipment, cleaning services, medical transport, respite for family, comfort care	
No personal hygiene	Personal hygiene
No transfer services	Transfer upon waking and sleeping
No meals on wheels	Meal preparation and meals on wheels
Community meal once each week	Day center activities with <ul style="list-style-type: none"> • meal, • transportation, • physiotherapy, • occupational therapy, • psycho-education, • fall prevention

Residential Services for Elders

KANESATAKE	PROVINCE
Riverside (intermediate care less than 3 hours a day)	3 different facilities for intermediate care
<ul style="list-style-type: none"> • Nurse, • nursing assistants • PABS, • social intervener 	<ul style="list-style-type: none"> • Nurses, • doctors, • nursing assistants, • PABS, • physiotherapists, • occupational therapists, • social workers
No long term care facilities	2 long term care facilities
No palliative care	Palliative care services

What we suggest

GENERAL RECOMMENDATIONS:

- **HEALTHY COMMUNITY ADVISORY COMMITTEE:** for the community to decide and take charge of its health.
- **ONE STRUCTURE BASED ON MOHAWK VALUES AND CULTURE:** like some other communities that have taken over social services (and the province), all health and social services be offered through one structure.
- **LIAISON** with the province be formalized so health and social workers know who to speak to at the hospital or CLSC; this way, resources are used more efficiently and clients needs are better met.
- **MULTIDISCIPLINARY TEAM APPROACH** be used in Kanestate to maximize services and avoid duplicating both for young children and for Elders and persons losing their autonomy.
- **ACCREDITATION** for the Kanestate Health Center (as the hospital and CLSC recently did).

- **DOCTOR** be hired to work at Riverside and more days at health center.
- **DATA GATHERING** system be created that belongs to the community, for the benefit of the community (more funding, better targeted programming).
- **SPECIAL FUNDING** be negotiated with INAC and Health Canada so that we can hire physiotherapists, speech therapists, occupational therapists, dieticians, and other professionals that are part of the CLSC team.
- **EDUCATION** be encouraged so that Kanehsatakehro:non study nursing, social work, teaching and language training be available in English, French and Mohawk.
- **A FAMILY CENTER** with extended activities be created.

MCH RECOMMENDATIONS, FOR YOUNG CHILDREN AND THEIR FAMILIES:

- HOME VISITING PROGRAM for Kanesatake that goes beyond this first baby visit.
- BABY-FRIENDLY CERTIFICATION for the Kanesatake Health Center to become the first Aboriginal Baby-Friendly Center (the hospital is certified Baby-Friendly).
- REGULAR PARENTING courses be offered in the community.

ELDERS RECOMMENDATIONS

- DAY CENTER with regular daily activities for Elders.
- CHRONIC CARE facility be built in Kanesatake for Kanehsatakehro:non.
- PALLIATIVE CARE services be offered in the community.
- MORE INFORMATION be provided to Elders and their families about what is available to them.

What Next?



There are several things the AHTF team can do, and has started working on. Before we go we hope to implement an ongoing parenting program, creating a home visiting program, and facilitate a multidisciplinary team approach, to mention a few things. BUT, there are things that we cannot do, and the community must take action...

It's up to you!

Please join us:

FOR BREAKFAST AT NATION'S CUP CAFÉ

Monday October 18th at 7:00 am

**FOR MOCASSIN JO'S COFFEE AT THE UNITED
CHURCH**

Thursday October 21st at 7:00 pm

FOR BREAKFAST AT JO-ANNA'S

Sunday October 24th at 11:00 am

Dear Community Member,

You are cordially invited to join the AHTF team for a chat about health and the community. As you have just learned, there are many things (determinants) that affect your health. Let us work together to improve the things that we can.

Please check off which meeting you would like to attend. Places are limited at Nation's Cup and Jo-Anna's.

We look forward to seeing you and hearing what you have to say!

In peace and friendship,

The AHTF Team

Name: _____

I will be joining the AHTF team to discuss health on:

(PLEASE CHECK ONE)

Monday October 18th at 7:00 am - [AT NATION'S CUP CAFÉ](#)

Thursday October 21st at 7:00 pm - [AT THE UNITED CHURCH](#)

Sunday October 24th at 11:00 am - [AT JO-ANNA'S](#)

Please return to the Kanesatake Health Center Inc. or call
450-479-6000 to reserve your place!

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